

Federazione Italiana Giuoco Handball



PALLAMANO
DISCIPLINA OLIMPICA

Segreteria Generale

Roma, 8 maggio 2019

Circolare n. 28/2019

Alle Società Affiliate
Agli atleti e tecnici
Ai Signori Consiglieri Federali
Ai Signori Revisori dei Conti
Ai Comitati e Delegazioni Regionali
Alle Delegazioni Provinciali
Ai Settori Federali
LORO INDIRIZZI

Oggetto: *Annual Coaching Seminar, Hungary 2019.*

La Federazione di Ungheria ha annunciato l'indizione del *Annual International Coaching Seminar*, che avrà luogo a Balatonfured (Ungheria) dal 31 maggio al 2 giugno 2019.

Si allega il programma del corso.

Distinti saluti.

Il Segretario Generale
Adriano Ruocco



Attention: National Handball Federations

Subject: Annual Coaching Seminar, Hungary 2019



Dear Handball Friends,

The International Coaching Education Centre of the Hungarian Handball Federation (ICEC-HHF) invites you to its Annual International Coaching Seminar. This course is registered by the EHF and suitable to re-new coaching licences at all levels (RINCK Convention Level I-IV).

Venue: Balatonfüred, Hungary (situated at Lake Balaton, approx. 120 km from Budapest Airport, 195 km from Vienna Airport and 170 km from Bratislava Airport)

Dates: 31 of May - 02 of June, 2019

Accommodation and Food: Hotel Marina **** (all inclusive)

Location of Practical and Theoretical Lectures: Balatonfüred Sports Hall (within walking distance of the hotel)

Expenses: the participation fee of **300 Euros** includes full board and accommodation at Hotel Marina (2 nights / 3 days in double rooms*), seminar fee, course material via internet and final certificate. (*= single bedroom is extra 50 Euros for 2 nights)

Payment: should be made to HHF Bank account

Name of recipient: MAGYAR KÉZILABDA SZÖVETSÉG
Name of bank: K&H BANK ZRT.
Bank Address: H-1095 BUDAPEST, Lechner Ödön fasor 9.
Account number: 1040 8007 2629 1082 4884 0000
IBAN: HU90 1040 8007 2629 1082 4884 0000
SWIFT: OKHBHUHB

Main theme of the course: "The importance of attack against organised defence and the significance of playing effectively 1vs1 in these days handball"

Lecturers: apart from the Hungarian experts in coaching and sport science, EHF lecturer **Klaus Feldmann** (GER) is also included on the list of lecturers.

Course Language: Hungarian (where there is a group of more than 10 persons speaking the same language, translation will be possible)

Additional **information** is available at the HHF office by contacting Zoltán Marczinka (Tel.: +36 1 435 4223, e-mail: marczinka.zoltan@mksz.hu) and **registration** can be made by the **Registration Form** until **May 20, 2019**.

I am looking forward to meeting you at Balatonfüred,

Best regards,

Dr. Zoltán Marczinka

Director

International Coaching Education Centre
Hungarian Handball Federation

Annual Coaching Seminar HUN 2019

The importance of attack against organised defence and the significance of playing effectively 1vs1 in these days handball

Date	Venue	Starting time	Finishing time	Event	Presenter	Topic
May 31, 2019	Hotel Marina	7:30	9:00	Registration	Imola Hikáde	
May 31, 2019	Balatonfüred, Sports Hall	9:30	10:45	Practical 1.	N.H.A.	Developing footwork for attack: step combinations, simple and combined faking techniques
May 31, 2019	Balatonfüred, Sports Hall	11:00	12:15	Practical 2.	Klaus Feldmann, EHF	Individual attack technics, basic attacking movements with extentions in 1vs1 situations.
May 31, 2019	Balatonfüred, Hotel Marina	12:30	13:45	Lunch		
May 31, 2019	Balatonfüred, Sports Hall	14:00	15:15	Practical 3.	Bakó, Koi, Kopornyik	Developing young handball players - the Danish and German model.
May 31, 2019	Balatonfüred, Sports Hall	15:30	16:45	Practical 4.	Bakó, Koi, Kopornyik	Developing young handball players - the Danish and German model.
May 31, 2019	Balatonfüred, Sports Hall	17:00	18:15	Practical 5.	Klaus Feldmann, EHF	The cooperation possibilities of backcourt-, winger- and pivot-player in attack.
May 31, 2019	Hotel Marina	18:30		Dinner		

Date	Venue	Starting time	Finishing time	Event	Presenter	Topic
June 01, 2019	Balatonfüred, Sports Hall	9:00	10:15	Practical 6.	Klaus Feldmann, EHF	Static attack against a defensive defence system (2vs2, 3vs3 and 4vs4).
June 01, 2019	Balatonfüred, Sports Hall	10:30	11:45	Practical 7.	Zsolt Pozsonyi	The possibilities of developing dynamic leg power for more effective faking ability.
June 01, 2019	Balatonfüred, Hotel Marina	12:00	13:30	Lunch		
June 01, 2019	Balatonfüred, Sports Hall	14:00	15:15	Practical 8.	Klaus Feldmann, EHF	Mobile attack against a offensive defence system (transition for playing with 2 pivots).
June 01, 2019	Balatonfüred, Sports Hall	15:30	17.30	Practical 9.	Vladan Matic	Team tactic in attack.
June 01, 2019	Hotel Marina	18:00	19:30	Match on TV	ICEC team	Watching and analysing Mens FINAL4.
June 01, 2019	Hotel Marina	20:00	21:00	Dinner		
June 01, 2019	Hotel Marina Bar	21:00	22:00	Round table discussion		Actual handball matters, trends and tendencies in world handball.

Date	Venue	Starting time	Finishing time	Event	Presenter	Topic
June 02, 2019	Balatonfüred, Lecture room	9:00	10:00	Theory	Janos Györfi	Ego or team? - Mental training and team building.
June 02, 2019	Balatonfüred, Lecture room	10:15	11:15	Theory	Gyula Zsiga	International trends in youth development (best practices from GER, FRA, DEN, NOR)
June 02, 2019	Balatonfüred, Lecture room	11:30	12:30	Theory	Dr. Kálmán Soós	Trends and tendencies of international and domestic refereeing.
June 02, 2019	Balatonfüred, Sports Hall	12:45	13:15	Presentation of Licence	Imola Hikáde	
June 02, 2019	Balatonfüred, Hotel Marina	13:00	14:00	Lunch		